

# Extending a hand up, not a hand out

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# 2024 Impact Statement

HARVEST PROJECT is a registered charity that has served Metro-Vancouver's North Shore for 32 years. We're dedicated to helping individuals and families overcome difficult life circumstances and the threat of poverty. We provide a safety-net so that each one can take steps towards a healthier, productive life. Volunteers, staff and board members are residents reaching out to help our neighbours.

## Impact in the community:

Our commitment is to provide a holistic support network that addresses the needs of vulnerable people. **Helping to restore our neighbours to health and stability benefits our whole community.** We aim to be a sustainable, compassionate presence for North Shore residents. Helping save lives. Close to home.

In one of the wealthiest communities in Canada, critical family needs are often hidden and those who find themselves in desperate times often struggle to find social justice. As crises occur and people must spend most of their incomes on accommodation, many are forced to go without food, medicine, dental care and other necessities, just to remain housed. Each child who begins school below developmental standards or drops out suffers, as does the social and economic health and future of the community.

We connect with hundreds of people each month – providing one-to-one coaching and active-listening, a rent bank, grocery and clothing supports, food-recovery, and our retail Clothes For Change Thrift Boutique.

#### What we provided in calendar year 2024:

- 3665 Client-Care sessions, Rent Bank, Grocery, Clothing and other services, including:
  - o 1203 Client Care appointments
  - o 1070 Grocery Support Program onsite 'shopping' appointments
  - o 153 Nutrition Pathway appointments
  - 1054 Clothing 'shopping' appointments in our Clothes For Change Support Program
  - o 185 Art therapy, career, money management and tutoring appointments
- \$642,708 Value of Grocery Support Program groceries shared
- \$36,124 Value of Emergency Food Program Bags provided
- \$88,258 Value of North Shore Rent Bank loans provided
- 13,604 Volunteer-hours contributed over 3859 shifts (plus 53 groups contributing 829 hours)

### **Positive Impact:**

- 432 Clients and dependents supported (Client Care, Grocery, Clothing, and other services)
- 413 Emergency Food Program clients and dependents served increasing food-security
- 99 people kept housed by Rent Bank loans (815 residents and \$617,000 since its beginning)
- Collaboration with other agencies and corporate and community social responsibility teams
- 62 Presentations on social justice shared with 1,312 community members
- · Restored individual and family health that enables participation in community and economy
- North Shore's social and economic health improved

Our registered charity number: BC Charity #BN140525205RR0001. Website: harvestproject.org