

Part-Time Employment Opportunity Client Care Nutritionist

20 hours over 4 days per week

Join our team

Reporting to the Executive Director and working collaboratively with the Client Care team, we are seeking an experienced Client Care Nutritionist (CCN) to join our amazing client care-centered multi-disciplinary team in our new Client Care Nutrition Pathway. In this new role, the CCN will bring passion and excellence by providing nutritional wellness support to individuals and families in their continuity of care.

We believe that healthy nutrition provides a strong foundation for overcoming poverty. Healthy food choices are part of supporting clients within our motto of 'A hand up not a hand out". The Nutrition Pathway will assist clients in developing and achieving nutrition goals to benefit from the power of nutrition. We want to fight poverty with nutrition.

The Client Care Nutritionist's (CCN) role is to enhance and promote the nutritional health and consequently the psychological wellbeing of Harvest Project clients so they are better equipped to face and overcome their challenges. The CCN will work with a wide variety of client barriers including nutrition access, nutrition education, food skills development, and budget coaching for clients.

Responsibilities

- Support clients with nutrition coaching covering: nutrition and diet suggestions, food literacy and food label reading, budget coaching and referral to other resources.
- Work closely with the Client Care team to gain an understanding of best approaches to work with clients to understand their needs.
- Interview clients to conduct a review of client food and diet preferences, concerns, and grocery shopping pattern.
- Assess client input and provide nutrition suggestions, as needed based on client input and preferences.
- Implement effective nutritional behavioral change strategies to support the client's advancement, while being alert to support a client when life challenges are impacting food behaviors.
- Refer clients to selected resources for recipes, nutritional information, and resources that are based on their interests.
- Conduct research and provide ideas and suggestions to enhance the Nutrition Pathway and Harvest Project's food services.
- Maintain current notes of client suggestions and progress.
- Adhere to the codes of ethics and standards required by your accreditation.

Qualifications

Education/Experience

Diploma in Holistic Nutrition plus a minimum 2 years' experience providing nutritional counselling or equivalent combination of nutrition training and experience. Assets include experience working with diverse and marginalized populations struggling with poverty; working in a non-profit organization; and an understanding of other cultures, including Indigenous culture and the impact of colonization on the health and well-being of Indigenous individuals and families.

Knowledge, Skills and Abilities

- Sound understanding of issues facing communities experiencing poverty, food access and other poverty-related challenges.
- Well-developed interviewing skills with clear, empathetic listening and ability to respect the client's individual style.
- Skilled at working independently and as part of a client care-centered interdisciplinary team with respect, professionalism, cooperation, sensitivity and cultural awareness.
- Strong organizational, critical thinking, problem-solving and decision making skills
- Strong ability to manage a diverse client portfolio and address and adapt to cultural preferences.
- Strong ability to organize and prioritize activities to effectively and efficiently achieve established expectations.
- Strong skills in communication (verbal and written), conflict resolution, interpersonal interaction, organization, and time management;
- Sound knowledge of computers including Word and Excel and databases
- Develop and foster effective and valued relationships with community resources.

Additional Information

- May on occasion be necessary to work from a home location dependent on Covid-19 restriction
- Occasionally may be required to work on evenings or weekends
- A BC Driver's License and use of a vehicle or access to transportation is required
- Requires clearance of a criminal record check and vulnerable sector search
- At times may come into contact with clients in crisis situations

Applying

Join our Team! We provide a wage of \$24 per hour and a supportive, respectful and collaborative work environment. Please submit your resume and an email or letter telling us "why supporting the health of people in poverty is important to you" to admin@harvestproject.org with Client Care Nutritionist in the subject line. The posting closes on November 14, 2021, and applications will also be accepted until the position is filled. We thank all applicants for their interest and advise that we will only contact selected candidates.

About Us

Harvest Project serves Metro-Vancouver's North Shore, 'extending a hand up' to those in need. We provide assistance to vulnerable residents from Deep Cove to Horseshoe Bay. Our vision is to enlarge our work as a compassionate presence for North Shore residents, by North Shore residents. We're working to help the North Shore become the most inclusive, healthy and diverse community in Canada.