HARVEST HEARTBEAT

A newsletter for friends and neighbours



What it means to 'help save lives, close to home'

Written by Gary Ansell - Executive Director

Thank you for your ongoing support of HP's lifesaving work.

Your generosity makes it possible to provide care to some of the North Shore's most vulnerable people, including those who have been cut off from healthy lives by illness, family breakdown and job-loss.

Our clients are residents just like us. Many of them never expected to find themselves in such difficult circumstances. Many are parents of young children and Harvest Project's 'hand up' makes all the difference.

"For my children and me, there seemed to be no hope. But after a year with your help and counsel, we're regaining strength and with my new job I'm able to care for the kids and get ahead." -HP client

We would not be able to make such a difference in the lives of vulnerable people without your generosity. Your donations give us the ability to deliver urgently needed coaching + counsel, groceries, clothing and other resources.

Please donate now and help us continue to save lives, close to home. Thank you for being a part of our vital work, and for sharing in our belief that everyone deserves compassionate and substantial care, right here in our community. NOW IN OUR 27TH YEAR SERVING THE NORTH SHORE: "EXTENDING A HAND UP, NOT A HAND OUT"

A registered charity impacting the community by breaking the poverty cycle and restoring healthier lives.





With Gratitude To Our Donors

Thank you to each one of the many households, businesses, foundations, clubs, churches, schools and community groups who generously offer support through the year.

Some supporting organizations May 2018-April 2019:

Gold Donors

City of North Vancouver District of North Vancouver The 1988 Foundation Vancity Community Foundation Port Fundraising Gala

Silver Donors

Big A Holdings Bridge Community Church Connor, Clark & Lunn Foundation Dawson & Patricia Campbell Charitable Fdn Diebolt Management Ltd. District of West Vancouver Lions Club of Mount Seymour Lynn Valley Full Gospel Church (Valley Church) North Shore Christian Centre West Vancouver Baptist Church Youth Philanthropy Initiative Canada

Bronze Donors

BA Blacktop Bad Dog Bakery Big Brothers Renew Crew Foundation BlueShore Financial Calgary Foundation Cam Clark Ford Lincoln Capilano Christian Community Church Capilano Lodge No. 164 AF.AM Collings Johnston Inc. First Church of Christ, Scientist German Car Festival Hillside Baptist Church ICBC-Lower Mainland Krogseth Foundation Larkspur Foundation Lazzari Equities Inc. Lions Club of Lynn Valley Lions Club of North Vancouver Host Lohn Foundation North Shore Optimist Club Royal Canadian Legion Branch #114 St. Timothy's Church TELUS - Team Telus Cares Ventana Construction Corporation Whole Foods Market (NV and WV)

Special Gifts

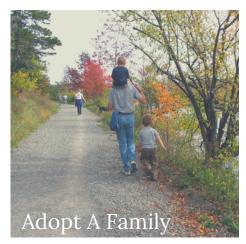
A&A King Family Foundation Amica at West Vancouver Avant Life Church Carson Graham Secondary School Djavad Mowafaghian Foundation Dr. Brad Forster Inc. Forerunners Partnership Enterprises Inc. Handsworth Secondary School Harmony House Training & Education Center Hartman Leather IATSE Local 891 **Kiewit Corporation** Lions Club of Deep Cove Loblaws Inc. (City Market Lonsdale) Marc Haslam Personal Real Estate Corporation Methanex Corporation NWM Private Giving Foundation Overwaitea Food Group (Save On Foods) Richard DeFilippi Law Corporation Stratawest Management Sundown Market Society The Coffeey Family Foundation Toronto Dominion Bank Branch 574 West Vancouver Presbyterian Church Westiminster Management Corporation

In addition, Harvest Project received critical support from hundreds of individuals + households from across the North Shore, in Metro-Vancouver and across Canada.

We look to all of you for more than 95% of our total cash funding, in-kind (grocery and merchandise) and other resources.

This past year, more than 700 volunteers contributed 19,000 hours of service (weekly or as part of visiting teams).

Thank you to one and all for 'extending a hand up' in partnership with Harvest Project!



How to help:

Your gift will enable us to reach out to another family in need this season. Right now, more than 300 single-parents and others are looking to receive the help they need from HP:

*A gift of \$40 provides first-time services to an individual or family

*A gift of \$200 provides a fullmonth's programs and services

*A gift of \$2400 (or \$200 monthly) supports a family for a year

Make your donation online at: harvestproject.org to receive an instant tax-receipt. Thanks!



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