



# HARVEST NEWS

SUMMER  
2008

*Extending a hand up, not a hand out*

## A Message from Harvest Project

It's summertime! A time most of us look forward to because it means warm weather, no school, family reunions and vacation time. However, for Harvest Project, summertime is a challenging time as our staff and volunteers are faced with the same problem year after year – a shortage of funds coming from donations and a dwindling supply of groceries.

You see our clients can't afford to go on vacation like the more fortunate members of our North Shore community. Harvest Project has the same case load size in the summer as at other times of the year and all clients still struggle daily trying to meet their basic needs. So our need for your assistance in providing us with resources is just as strong now as before.

In looking back over the first six months of 2008 we need to be thankful for the

amazing support from our volunteers some who are new faces at Harvest Project. Dave Pettigrew is one such individual who volunteered his time as a business consultant to assist us in conducting an in depth evaluation of our programs and services.

Anne Duifhuis an honours student in Psychology at Trinity Western University is another individual who helped lead us through this evaluation process as she met with staff and volunteers to gather research data that would form the basis of her thesis: A Study of Harvest Project: Faith Based Social Services in Action. *(story on page 2)*

What this means for Harvest Project is that we now have the basis to move forward in our plans to transform and stream line our daily operations to ensure our core clients have greater access to

client care, counselling, food and clothing. In turn, this will allow us to offer more emergency care to those needing short term assistance.

Looking ahead to the next six months we see a period of change and growth for Harvest Project. You will see new faces with the addition of a part time receptionist, part time fund raiser and replacement for our administrator Sarah Irvine who has decided to increase her family role to full time Mom with the addition of her second child. And finally, we will be saying good bye to John Day, our Counselor of ten years who plans to travel new paths in September.

On behalf of Harvest Project Board of Directors, clients, staff, volunteers and friends.

Good bye John we will miss you dearly.

## Ten Years of Serving the Needs of Others



*Many, many, many, clients have had the opportunity to pour out their troubles to the listening ear of Counselor, John Day.*

John Day has been an amazing resource to Harvest Project since he joined the charity in May 1998. He came as a student to do a 350 hour practicum and at the end of his term decided to volunteer as a client care partner. After a month, Harvest Project founders, David and Emiko Foster asked John to take the position as Client Care Manager. In this role he managed client care and offered counselling services.

A year later, he had the experience of meeting and counselling a homeless person whom he was limited in assisting because

he could not offer him shelter. This experience disturbed John so much that the very next day he met with David and Emiko to discuss what could be done to assist the homeless. Their discussions led to them connecting with Dr. O'Connor the North Vancouver medical health officer and the formation of a homeless task force.

Next a steering committee was formed and John became the project manager in charge of finding a temporary shelter for the homeless. John was driven to make the shelter work.

As more need was recognized, the task force looked for an organization to take ownership of the shelter program. Three groups applied and were interviewed for the role. The Lookout Society was the successful candidate and with the addition of community and government funding a permanent home for the Shelter was found.

As the years went by John had the opportunity to train Jolie Lamkin and Kathy Keiser as client care managers which allowed John to become a fulltime counselor at Harvest Project.

"It always amazed me how dedicated the staff and volunteers have been at keeping Harvest operating. I really appreciate the many hours of free time that our volunteers give to serve the needs of our clients," he said as he thought back over the last 10 years of service.

While the day to day work of Harvest Project has basically stayed the same, John has seen many changes in the charity. There have been changes in staff, changes in location and changes in operations. "However, the one constant has been the unwavering commitment of volunteers and staff to assist clients in achieving their goals so they can live more productive and happy lives," he said.

## Vancouver SERVE

A youth work team visiting Harvest Project on July 7th was made up of teens from Ontario and Alberta. The 12 youth were participating in a program hosted by an organization called Vancouver SERVE that focuses on serving the needs of people in the community.

The teens worked at Harvest Project cleaning the kitchen, warehouse, delivery bay and delivery vans. They sorted and removed dated products from the warehouse shelves and weeded the garden area around the building.

Vancouver SERVE is one of many similar groups worldwide that fall under the direction of Youth Unlimited, a non-profit faith based organization headquartered in Grand Rapids, Michigan.

Locally, Sutherland Church in North Vancouver sponsored Vancouver SERVE. "We took on this project as a way to mobilize and educate our suburban church goes into doing mission work in their own community," said Dillon Goggs, the Associate Pastor at Sutherland.

This year Vancouver SERVE acted as a host and invited other SERVE groups from across Canada to come to Vancouver to work at selected community organizations in the Downtown Eastside, North Shore and Bowen Island. A SERVE project lasts one week and includes accommodation, meals, transportation, special site seeing tours and activities for the visiting teams. Each student must pay \$350 to participate on a SERVE team and then fundraise to cover travel and incidental expenses.

## Trinity Western Student Makes Harvest Project the Focus of Thesis



*Trinity Western honours student, Anne Duifhuis and Harvest volunteer Pam Best examined over 500 active client files within a two month time frame.*

File, after file, after file of client data were reviewed and read by Anne Duifhuis an honours student in Psychology at Trinity Western University as she collected the data for her thesis 'A Study of Harvest Project: Faith Based Social Services in Action'. The ground work for her thesis began in September 2007 and she started her field work at Harvest Project early in 2008.

"Harvest is doing some really powerful work. When you review the files you can see the need," said Anne thinking back to the hours she spent scouring the files with volunteer Pam Best. "I expected to find some clients in poverty because of hardships like physical disabilities, mental instability, alcohol and drug abuse, and minimal education, but I was surprised at the number of people so hopelessly in debt."

"There were also a substantial number of clients with not one factor but many factors affecting the stability of their lives."

The thesis was a descriptive study that provides a snap shot of how Harvest Project is meeting the needs of clients on the North Shore by connecting with the churches, resource services and donors in the community. Through her research Anne found that the potential to change lives is facilitated by the holistic and highly personal attention client care partners give to both the material and spiritual needs of the client.

## Flying Wedge – Park & Tilford Raises \$500 for Harvest Project



*Staff member, Priyanka Kapur is prepping a line of pizzas destined for the lunch crowd at Flying Wedge Pizza.*

Support Harvest Project by eating a yummy pizza dinner. What could be easier?

Percy Bhagat, owner of the Flying Wedge restaurant in Park & Tilford, donated one dollar to Harvest Project for every regular-priced medium pizza purchased during the month of February.

As a community business owner he wanted to give back to the community that supports him. "I heard about Harvest Project when I met one of their staff at a Food Safe course," said Percy. "I really agree with their philosophy of extending a hand up, not a hand out."

Percy approached Harvest Project to ask what he could do to support the organization. When a per-sale fundraiser was suggested, he thought it was a great idea.

Percy also made coupons for a free medium pizza available to Harvest Project clients. "I think it's a nice treat for a family who's struggling. Taking the kids out for pizza is a luxury a lot of us take for granted."

"It is community support like Percy Bahgat's that makes all the difference for grassroots charities such as Harvest Project," said Derek Pace, Operations Manager.

# A Salute to Harvest Project Volunteers



*Don Shaw was awarded for his volunteer support to Harvest Project*

This May during National Volunteer Week, Don Shaw was recognized for his volunteer contributions to Harvest Project. He was one of 13 volunteers who received an award from Volunteer North Shore and Investors Group at their “Name Someone Whose Heart Is in the Right Place,” event.

At Harvest Project, Don volunteers as a Client Care partner. His work involves intake assessment and goal planning with clients. Through these one-on-one meetings, he provides clients with direction and support in the process of rebuilding their lives. In addition to his client care duties, Don has designed a new, more efficient appointment database for Harvest Project that will soon be implemented.

Don retired from his career as a Divisional Manager for Terminal Forest Products in 2000. For another

three years he worked for a software company as a project manager. The Lower Mainland is home for Don and he has spent the last 28 years living on the North Shore with his wife Margaret and their two daughters. “It was about two years ago when Jim Ewart coaxed me into volunteering as a client care partner,” said Don.

Did you know that Harvest Project relies on the support of about 130 volunteers who dedicate their time weekly to assist individuals and families to overcome difficult life circumstances and work toward self-sufficiency? They give their time in client care, reception, administration, data entry, clothing, cooking, grocery packing and food sorting in the warehouse, grocery pickup and delivery, warehouse shipping and receiving and fundraising. As a matter of fact, our volunteers contribute over 26,000 hours of support time annually.



*Volunteer Jangme (Rose) Jung comes in to cut hair for clients every Friday.*



*Farewell to our volunteer warehouse administrator, Shahrulkh Bakar who is on his way to med school at Queens University.*

## Please join us in saluting our tireless, enthusiastic volunteers:

Adrienne Brown	David Osborne	Ismael Rivera	Leanne Pendray	Muriel Ewart
Aida Yazdanapah	Debbie Teubes	Jacquie Travers	Linda Cartwright	Pam Best
Allison Hall	Donald Shaw	Janet Berg	Linda Evans	Penni Russell
Amin Sabzevari	Doreen Chew	Janet West	Lisanne Frankenberger	Rhian Jones
Amy Whiffin	Doug Black	Jim Dagleish	Lorraine Ferguson	Rose Jung
Anika Jung	Doug Maxwell	Jim Ewart	Louise Thomas	Ruth Leithal
Audrey Haigh	Ed Heywood	Jim Melnychuk	Lucy Collings	Sara Kettle
Brenda Liu	Elaine Jacklin	Joan Renshaw	Lynda Hutchinson	Sarat Vulimiri
Brittney Gee	Emily Nelson	John Minshull	Mano Davar	Scott Mayson
Bob Bell	Erin Rennie	John Snyder	Maree Scott	Sheila Drummond
Bob Paxton	Ernest Dawson	Judy Levitt	Margaret Collins	Sherry Thompson
Cameron Baird	Evelyn Howell	Julie Rudd	Marilyn Ferguson	Sungho Kim
Candy Mikyung Oh	Frank Madsen	June Earnshaw	Marilyn Ropchan	Sylvia Sorenson
Caroline Herczeg	Gary Brady	Juvena Lim	Mark Cook	Tony DeCottis
Catherine Cabledu	Gary Cuthbert	Karen Patrick	Mark Keri	Val Caltano
Cathy McManmon	George Dyck	Keith Bower	Mary MacArthur	Valerie Wilson
Celia Chavez	Georges Van Leathem	Kelly Reigler	Maureen Oliver	Vinny Paur
Chelsea Reeves	Gretyl Baird	Kelly Wilson	Melody Chan	Varya Zueva
Cheryl Baines	Heather Beveridge	Kevin Murphy	Meredith Maxwell	Zaida Gomez
Consuelo Schmitt	Homa Davarkia	Kiomars Amini	Mitra Esfandieri	
Danny McLean	Irma Beck	Lauren Philly	Monica Czajkowska	

If you are interested in volunteering at Harvest Project, please call 604.983.9488 ext. 316. We are open Tuesday to Friday from 10 am to 4 pm and Saturday from 10 am to 2 pm. Volunteer shifts are four hours in length, once per week.

## Donating is Easy

Donations can be made to Harvest Project:

- By cheque
- Visa or Mastercard
- Pre-authorized bank payments
- In person or by mail
- Online through Canada Helps
- Through the United Way  
*(designated to the Harvest Project)*
- Through stock transfers

We also welcome gifts of RRSPs, life insurance policies, stocks/bonds/mutual funds, trust and annuities through our Planned Giving Program.

**IMPORTANT NOTE:** We provide tax receipts for every donation over \$20. If you wish to receive your tax receipt once annually instead of with every donation, please write a note on the donor card or with your next donation.

## Take a Tour!

Harvest Project hosted several tours in May and June. Our visitors included:


Student Council and Principal, Westcot Elementary School, West Vancouver

Blair Wilson, MP West Vancouver  
– Sunshine Coast – Sea to Sky Country

Planning Class, Southridge Secondary School, Surrey

We want you to get to know us better. Tours are offered Tuesday to Friday by appointment. Call Harvest Project at 604.983.9488 ext. 317 to book a time to visit.



Design:  Sandi Ma  
sandi\_ma@shaw.ca

# Thank You for your Continuing Support

## Major Donors in the first six months of 2008

We are grateful to all who have so generously supported the Harvest Project.

### Partner \$10,000 +

DP World  
Estate of Gordon A. Hall  
North Shore News  
Port of Vancouver  
Save-on-Foods, Park & Tilford N. Van  
Save-on-Foods, Pemberton Plaza N. Van  
TSI Terminal Systems Inc.  
Western Stevedoring

### Executive \$5,000+

City of North Vancouver  
Christ the Redeemer Catholic Church  
District Of North Vancouver  
Lions Club of Mount Seymour  
Starbucks Coffee Co.  
Vancouver Coastal Health  
Vancouver Foundation

### Leader \$2,000 +

Anvarda Dental Services Ltd.  
Bridge Community Church  
Government Of Canada  
Lynn Valley Full Gospel Church  
Telus - Dollars for Dollars  
The Young Foundation, c/o Woodtone Industries

### Friend \$1,000 +

Big Brothers Renew Crew Foundation  
BMW Car Club of British Columbia  
Hollyburn Country Club  
Lions Club of Howe Sound  
Lower Mainland Publishing Group  
Neptune Bulk Terminals (Canada) Ltd.  
North Shore Optimist Club  
Sandi Ma  
West Vancouver Baptist Church  
West Vancouver United Church

### Gift \$500+

Airstream Heating & Air Conditioning Inc.  
BMO Employee Charitable Foundation  
Dr. Brad Forster Inc.  
Flying Wedge Pizza Co.  
Kim C. Moller Personal Law Corporation  
Knights Of Columbus Lions Gate Council 7095  
Lions Club of Deep Cove  
Nintendo of Canada Ltd.  
Polaris Management Ltd.  
Royal Canadian Legion Branch 114  
Royal Canadian Legion Branch 118  
Soroptomist Int'l of North & West Vancouver  
We Care Home Health Services  
Windsor Pacific Law Corporation

## Please join us this fall for:

**Harvest Project Fall Food Drive**  
October and November

.....  
**Harvest Project Open House**  
Sunday October 5, 2008

.....  
**Homelessness Action Week**  
October 12 to 19, 2008

### Contact Information

#### Operations Manager

Derek Pace  
604.983.9488 ext. 318  
derek@harvestproject.org

#### Board Chair

Bob Yeager  
board@harvestproject.org

#### Communications

Liz Mallender  
604.983.9488 ext. 317  
liz@harvestproject.org

#### Volunteering & Donations

volunteers@harvestproject.org  
administration@harvestproject.org

#### The Harvest Project

201 Bewicke Avenue, North Vancouver, BC V7M 3M7  
Phone: 604.983.9488 Fax: 604.987.5813 www.harvestproject.org

.....  
If you would prefer not to be on our mailing list, please let us know by mail, e-mail  
(administration@harvestproject.org) or phone 604.983.9488 ext 305.  
.....

[www.harvestproject.org](http://www.harvestproject.org)